ARMORY CENTER MENU OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
SERVING MON – FRI HOURS 3-4pm $2.00 SUGGESTED DONATION	1 Glazed Ham Mashed Yams Broccoli Florets Apple Crisp	2 Carne Asada Taco Spanish Rice Lettuce & Tomato Pinto Beans Orange	3 Corn Beef Cabbage Carrots Fruit	4 Egg Salad Sandwich 3-Bean Salad Beet Salad Mandarin Oranges Vegetable Soup
7 Swedish Meatballs Broccoli Mixed Salad Fruit Rice	8 Breaded Chicken Breast With Gravy Red Potatoes Peas & Carrots Cantaloupe	9 Taco Salad Pinto Beans Zucchini Orange	10 Baked Turkey Mashed Potato Green Bean Ambrosia Salad Stuffing , Pie	11 Tilapia Florentine Asparagus Carrots Pineapple Rice
14 Gr. Beef & Onions Tomatoes Zucchini Mixed Salad Applesauce	15 Chicken Drummie Roasted Red Potatoes Spinach Salad Pears	16 Sloppy Joe Waffle Fries Beans Pudding	17 Red Chili Beef Pinto Beans Mixed Veggies Orange	18 Baked Salmon Broccoli Florets Carrots Tropical Fruit
21 Polish Sausage/w Bell Peppers / Onions Gr. Beans Stewed Tomatoes Peaches	22 Italian Meatloaf Mixed Veggies Cauliflower Pears	23 Cabbage Roll Carrots Beet Salad Apricots	24 Chicken Chilaquiles Spinach Salad Pinto Beans Applesauce	25 Ham Cheese Sandwich Lettuce / Tomato Cucumber salad Pineapple Vegetable Soup
28 Peppered Steak Red Potatoes Broccoli Normandy Apricots	29 ¼ Beef Hot Dog Baked Beans Cole Slaw Pears	30 ½ Cornish Hen Mashed Potatoes Chuck Wagon Corn Tropical Fruit	31 Spaghetti / Meatballs Gr. Beans Beet Salad & Fruit Salad Cup Cake	***MEAL ARE SUBJECT TO CHANGE*** ***FUNDED BY:*** ***PCOA & DES*** ***CITY OF TUCSON***