



# Armory Senior Center Menu

# April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Teriyaki Beef Broccoli Salad, Rice Pears</p>	<p><b>2</b></p> <p>Chicken Cacciatore Mixed Veggies Cauliflower Mandarin Oranges</p>	<p><b>3</b></p> <p>Stuffed Peppers Peas Stewed Tomatoes Fruit Cocktail</p>	<p><b>4</b></p> <p>Chicken Chilaquiles Lettuce / Tomato Pinto Beans w/ Spinach Applesauce</p>	<p><b>5</b></p> <p>Chicken Sandwich Lettuce / Tomato Macaroni Salad BBQ Chips Cake</p>
<p><b>8</b></p> <p>Herbed Bake Chicken Glazed Carrots Spinach, Pears</p>	<p><b>9</b></p> <p>Spaghetti / Meat Sauce Gr. Beans Salad ¾ c. Pineapple</p>	<p><b>10</b></p> <p>Sweet &amp; Sour Pork ¾ c. Oriental Veggies ¾ c. Mandarin Oranges Rice</p>	<p><b>11</b></p> <p>Salisbury Steak Mashed Potatoes Brussels Sprouts ¾c. Mixed Fruit</p>	<p><b>12</b></p> <p>Baked Fish ¾ c. Zucchini Cole Slaw Peaches</p>
<p><b>15</b></p> <p>Chicken Fajitas Peppers &amp; Onions Pinto Beans Spanish Rice, Oranges</p>	<p><b>16</b></p> <p>Pepper Steak Mashed Potatoes Carrots ¾c. Pears</p>	<p><b>17</b></p> <p>Oven Fried Chicken Edamame Red Potatoes Fruit</p>	<p><b>18</b></p> <p>Beefy Mac Peas &amp; Carrots Salad Applesauce</p>	<p><b>19</b></p> <p>Tuna Pasta Salad 3-Bean Salad ¾ c. Tropical Fruit</p>
<p><b>22</b></p> <p>Glazed Ham Yams Broccoli Apple Crisp</p>	<p><b>23</b></p> <p>Chicken Parmesan Gr. Beans Salad, Fruit Pasta</p>	<p><b>24</b></p> <p>Baked Pork Chop Cauliflower Macaroni Salad Fruit</p>	<p><b>25</b></p> <p>Gr. Chili Chicken Enchilada, Corn, Pinto Beans Lettuce/Tomato Orange</p>	<p><b>26</b></p> <p>Grilled Cheese Sandwich Cole Slaw Apricots Tomato Soup</p>
<p><b>29</b></p> <p>BBQ Chicken Pork n Beans Macaroni Salad Pineapple</p>	<p><b>30</b></p> <p>Meatloaf/Gravy Mashed Potatoes Corn Tropical Fruit</p>		<p><b>FUNDED BY:</b> PCOA &amp; DES. CITY OF TUCSON</p> 	<p><b>SERVING DAYS MON- FRI</b> <b>HOURS 3-4PM</b> <b>\$2.00 SUGGESTED DONATION</b> <b>MEALS ARE SUBJECT TO</b> <b>CHANGE</b> <b>SALAD BAR WED. &amp; THURS</b></p>