



ARMORY PARK CENTER



NEWSLETTER

SILVER THREADS

April 2024

220 S. 5TH AVENUE

520.791.4865 FAX 520.791.5314

EMAIL: TPRD-ARMORY@TUCSONAZ.GOV

SUPERVISOR: MIKE DAVIS

COORDINATOR: JEREMY HERR

HOURS OF OPERATION

Hours of Operation and Membership Fees
Plan your visit and membership with us accordingly:

- Monday-Friday: 9 a.m. -4:30 p.m.
- Saturdays: 9 a.m.-4 p.m.
- Closed Sundays and most holidays.

Membership Fees:

- Daily fee: \$1.50
- Quarterly fee: \$7
- Annual fee: \$25

Discounts are available for city residents.

REMINDERS

MONTHLY PARKING PASSES..... \$2

AVAILABLE ON THE FIRST DAY OF EACH MONTH.

PASSES GOOD FROM 8AM-5PM ONLY

ANYONE IN NEED OF AN ACCOMMODATION SHOULD CONTACT THE DEPARTMENT AT
LEAST TWO WEEKS IN ADVANCE IF POSSIBLE.

FOR MORE DETAILS EMAIL THE INCLUSION COORDINATOR AT

TPRD.THERAPEUTICS@TUCSONAZ.GOV OR CONTACT CALL 520-791-4504.



PCOA'S COMMUNITY LUNCH PROGRAMS OPERATED BY CATHOLIC
COMMUNITY SERVICES & THE CITY OF TUCSON

MONDAY-FRIDAY: 3-4 PM

THERE IS A REQUESTED DONATION OF

\$2-\$3 PER MEAL., \$8 PER GUEST

SERVING ADULTS AGE 60+ AND THEIR SPOUSES

Spring Party

Friday, April. 5. 1-3pm

Put on your snazziest hat or bonnet
for a chance to win a fabulous gift
card in our raffle.

MUSIC

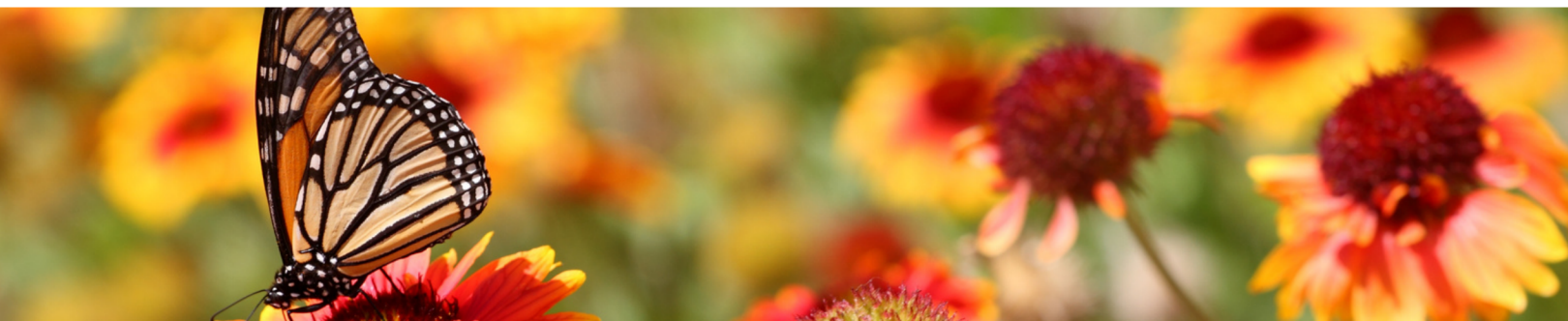
BERRY GOOD - ICE CREAM SUNDAE

RAFFLING 20 FREE HAIR CUT

VOUCHERS

ENTERTAINMENT FROM

"THE HAGGS OF TUCSON"



APRIL ~ACTIVITIES

- April 10 - AARP TAX HELP - Last Day
- April 2 - Bike with Books
- April 3 - Easter Hat Craft (1st 12)
- April 4 - NEW. All Things Needles
- April 5 - Spring Party
- April 8 - Solar Eclipse 10a
- April 12 - Field Trip - Grumpy's Grill & Walmart
- April 16 - Club #1 Meeting
- April 18 - Fun with Food
- April 19 - Armory Open House
- April 25 - Field Trip. Aqua Caliente Park
- April 26 - Birthday Karaoke Party

AARP Tax-Aide Program



ends on
Wednesday, April 10th

ARMORY CENTER CLUB #1

Club One is a volunteer group that raises funds for special causes, providing assistance for events, field trips, and activities. They also have a boutique with snacks, gifts, and clothing items. Speak with the front desk to learn more about joining the cause.

Club #1 Boutique

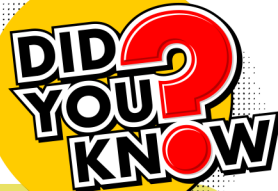
Open with volunteers
Monday - Friday
Buy your drinks, snacks,
household & clothing items.
Coffee: \$.50 Small, \$1 Large

ARMORY FIELD TRIPS

**April 12 - Fee \$2
Grumpy's Grill
& Walmart**

**April 25 - \$2
Aqua Caliente Park
Brunch**

Sign up at front desk.



- Honey Bees swam in Spring
- Tornadoes are more common in spring
- The Great Sphinx was built to point directly at the sun on the Spring Equinox
- Spring is marked by the opening of the cherry blossoms in Japan

SPOTLIGHT

Welcome, Sylvia our guest Fitness Aerobic instructor for the months of April and May she will be teaching Fitness Aerobic on Monday, Wednesday, Thursday and Fridays here at Armory Park Center while Archer City Center is under construction.

- Our Monday Circuit Trainings will be postponed for the Month of April our Ageless Moves and Grooves class will continue to be held on Tuesdays at 9:30.

WE KEEP OUR MEMBERS BUSY, LOOK AT WHAT WE DID IN MARCH
Trip to San Xavier Mission, St. Patts Day Bracelets & Egg Hunt



FUN WITH FOOD
"AVOCADO TOAST"



ARMORY PARK CENTER OPEN HOUSE

Come see what we have to offer!

FRIDAY, APRIL 19 | 9 A.M.-4:30 P.M.
220 S. 5th Ave.

Free activities and refreshments | Facility tours
Learn about programs and events

**Open House Special: 50% off universal membership
(during open house hours only)**

ACTIVATE ARMORY PARK

Spanish in The Park
Every Tuesday (1:30-2:30)

Poetry in The Park
Every Wednesday (1:30-3:00)

Disc Golf
1st, 3rd & 5th Monday at (11:30-12:30)

Functional Fitness
Every Thursday (1:30-2:30)

Bringing our current programs into the park:

Moves and Groves
2nd Tuesday of the month (9:30AM)

Tai Chi
Last Monday of the month - (10:30am-11:30am)

COMING NEXT MONTH



*Armory
Artisan Market*

Food trucks |

Local vendors
Live music |

Activities



Birding Workshop at Armory Park