Armory Senior Center Menu May 2024 Wednesday Monday Thursday Friday Tuesday **FUNDED BY:** SERVING DAYS MON- FRI 1 PCOA & DES. **HOURS 3-4PM Beef Tips / Noodles** Red Cheese Enchilada Lentil Soup / Ham **CITY OF TUCSON** \$2.00 SUGGESTED Carrots Pinto Beans Mixed Veggies DONATION Beets **Tossed Salad** Egg Salad **MEALS ARE SUBJECT TO Peaches Mandarin Oranges Pears** TUCSON CHANGE 6 7 8 9 10 Spinach Lasagna **Chicken Stir Fry** Stuffed Shells Liver & Onions Chili Con Carne Gr. Beans **Oriental Veggies** Salad **Mashed Potatoes Mixed Veggies Carrots** Egg Roll, Rice **Tossed Salad** Corn **Ambrosia** Pineapple **Tropical Fruit Pudding** Breadstick **Corn Bread Orange** 13 14 15 16 **17 Teriyaki Beef Tips Chicken Cacciatore Stuffed Peppers Cheese Chilaquiles** Cheeseburger Lettuce / Tomato Broccoli Rice **Mixed Veggies** Peas **Potato Wedges Tossed Salad** Stewed Tomatoes **Carrot Raisin Salad** Cauliflower Pinto Bean w/ Spinach Pears **Mandarin Oranges** Fruit Peaches Apple Sauce 20 21 22 23 24 Baked Chicken **Spaghetti & Meat Sauce** Salisbury Steak **Tuna Pasta Salad** Sweet & Sour Pork **Mashed Potatoes** 3-Bean Salad **Carrots** Gr. Beans **Oriental Veggies Rice** Spinach **Tossed Salad Brussel Sprouts Tropical Fruit Mandarin Oranges** Mixed Fruit Cake Pears Pineapple **Fortune Cookies** 27 28 29 30 31 **Chicken Fajita** Oven Fried Chicken **Beefy Mac Hamburger Patty** Peas & Carrots **Mashed Potatoes Center Closed Pinto Beans** Cole Slaw **Spanish Rice Green Salad** Carrots **Memorial Day Red Roasted Potatoes Pudding Applesauce Mandarin Oranges** Fruit