

FEES AND MEMBERSHIP

Center used rates: *Resident/Non-Resident*

DAILY FEE

City Resident \$1.50
Non-City Resident \$2.00

QUARTERLY SENIOR ACTIVITY CARD

City Resident \$7.00
Non-City Resident \$8.00

ANNUAL SENIOR ACTIVITY CARD

City Resident \$25.00
Non-City Resident \$30.00

Senior Activity Card: Ages 50+
Senior days: Tuesday and Friday
Walking Track & Weight Room
Recreation Center

PCOA EnhanceFitness class

Mon/Wed/Fri from 11AM - 12PM
Sign up online at www.pcoa.org
\$36/month

WEBSITE AND SOCIAL MEDIA INFO



tucsonaz.gov/parks



Tucson Parks and Recreation



@cityoftucson



@TucsonParksRec

visit: www.EZEEreg.com

Leisure Class Registration
(520) 791-4877

Book a Ramada
(520) 791-4873

Monday - Friday
8AM to 5PM

Anyone in need of an accommodation should contact the department at least two weeks in advance if possible.

For more details email the Inclusion Coordinator at TPRDtherapeutics@tucsonaz.gov or contact call 520-791-4504.



"To enrich our community through inclusive, innovative, fun programs, and safe, beautiful, sustainable places."

CAROL W. WEST UDALL SENIOR ADDITION

Tucson Parks and Recreation Department



7200 E. Tanque Verde Rd.
Tucson, AZ 85715
(520) 791-4121
tucsonaz.gov/parks/udall

Hours of operation:
Monday - Friday
9AM to 4PM
Closed Holidays



SENIOR ACTIVITIES

MONDAY

Pinochle	9AM - 1PM	Room#103
Chair Fitness	9:30AM - 10:15AM	MPR
Canasta	10:30AM - 12PM	Lobby
Jewelry Corner	11AM - 3PM	Room#102
Table Tennis	1PM - 3:45PM	MPR

TUESDAY

Needles Corner	9:30AM - 12PM	Room#103
Rummicube	9AM - 12PM	Room#102
<small>(1st & 3rd week of the month)</small> Shanghai Rummy	9AM - 12PM	Room#102
<small>(2nd & 4th week of the month)</small> Bridge	12:30PM - 3:45PM	Room#102
Cribbage	1PM - 3:45PM	Room#103
Ballroom Dance (+4)	2PM - 4PM	Aerobics Room

WEDNESDAY

Pinochle	9AM - 12:45PM	Room #103
Toning+Latin Dance	9:30AM - 10:15AM	MPR
Book Club ^(3rd Wed)	10:30AM - 11:30AM	Conf.
Canasta	10:30AM - 12PM	Lobby
Mexican Train	1PM - 3:45PM	Lobby
Chinese Mahjong	1PM - 3:45PM	Room #103
American Mahjong	1PM - 3:45PM	Room #102
Table Tennis	1PM - 3:34PM	MPR

THURSDAY

Chair Volleyball	9AM - 12PM	MPR
Euchre	10AM - 12PM	Lobby
Crafts Corner	10AM - 12:45PM	Room#103
Bridge	12:30PM - 3:45PM	Room#102
Cribbage	1PM - 3:45PM	Room#103
Table Tennis	1PM - 3:45PM	MPR

FRIDAY

Pinochle	9AM - 12PM	Room#103
Fridays Fit Classes:	9:30AM - 10:15AM	MPR
Cardio Sticks*	(*every other Friday)	MPR
Stretch & Breathe*	(*every other Friday)	MPR
Circuit Training*	(*every other Friday)	MPR
Canasta	10:30AM - 12PM	Lobby
Mexican Train	10:30AM - 12PM	Room#102
Competitive Bridge	12:30PM - 3:45PM	Room#103
Texas Hold'em	1PM - 3:45PM	Arts&Crafts (Main building)

The Udall Senior Center offers the opportunity to all daily users and members to take part in regular scheduled activities. In order to meet this objective, we ask that you modify your activity to allow anyone waiting to participate to be included.

COME AND JOIN OUR
CAROL W. WEST
SENIOR ADDITION AT UDALL!

